

**Westmead Hospital** (Loewenthal auditorium)

Westmead Hospital, Cnr Hawkesbury and Darcy Street, NSW 2145

**Parking:** Hospital Car Park**Independent GP Education**

# Geriatric Medicine, Mental Health & Palliative Care Update

Conference Points — Approved for : RACGP 16 Category 2 points ACRRM: 8 , PDP Core Points  
**Sat 27 Feb 2010 , 8.15am — 5.50 pm***Distance ALM— "Bipolar Disorder Mgmt"—Upgrade to MHST , RACGP 40 Cat 1 & ACCRM points applied for*  
**Website: [www.frontierhealthevents.com.au](http://www.frontierhealthevents.com.au) Email: [info@frontierhealthevents.com.au](mailto:info@frontierhealthevents.com.au)****Simply an independent focus on What's New and How to optimise patient care!**

## Frontier Health Events

In late 2007 we launched Independent GP education

We provide independent updates and practical management tips designed to optimise patient care.

Updates are **NOT** aligned with any company or products but

"What is best for which patient in GP"



## Registration Enquiries

### Frontier Health Events

**Phone: 02 4627 1621****1300 7300 51****Fax: 02 4627 4602****P. Address:** P.O. Box: 284, Macarthur Square NSW 2560

## Organisers:

**Dr. Colin Gross & Annie Shaw**  
**0425 246 874**

The content is based on GP survey, GP Recommendations, Current Issues, feedback and discussions with past delegates And Discussions with clinicians

## Our Commitments and Mission

- Frontier Health Events (F.H. Events) is dedicated to developing long term partnerships and relationships based on a strong foundation of trust, ethics, morality and optimisation of patient care.
  - F. H. Events strives for partnership with General Practice where GPs and their practices have a strong influence on the content of the program.
  - To maintain the highest level of independence and practical relevance to the needs of General Practice.
    - F.H. Events invites medical practices, past and participating delegates, associate GP organisations and partners to review final program topics and provide feedback on practical issues that they would like the speakers to address in their presentations.
- This data is both used for updates and to provide speakers with general presentation guidelines

**EMAIL Your Contribution to:**  
**[Info@frontierhealthevents.com.au](mailto:Info@frontierhealthevents.com.au)**

- F.H. Events plays a GP Supportive role by personalising programs to practical GP needs. Our invitation for GP participation allows General Practice to have a say and take a greater control of the Educational Content and how it is delivered.

## Frontier Health Events

**Ms. Annie Shaw:** Director, Frontier Health Events is highly experienced in every aspect of Health Educational Conference Organisation, Design, Management and Research. She has worked with leading organisations, Key opinion leaders and high Calibre Speakers nationally and internationally  
*Annie Shaw (BA BCom) has a back ground in economics, management, marketing, research, teaching and health education.*

**Dr. Colin Gross:** has 34 years experience in General Practice  
He is a prominent member of Eastern GP Division, director of Sabra Travel (American express travlescenes - Official travel agent for AMA).  
Dr Gross has worked with high calibre national and international speakers.

**Ms. Wendy Williamson** – Project Consultant with major interest in Mental Health.  
Wendy Williamson has extensive experience in the development, implementation and review of training and programs for range of government and non government organisation. She has worked with health professionals from a wide range of clinical backgrounds.

## Accommodation

- 1) **Wesley Lodge 02 9635 1233**  
(3.5 Star) Opposite Westmead Hospital  
175 Hawkesbury Rd, Westmead 2145
- 2) **Accommodations:** Available in Parramatta CBD, which is only few minute drive by taxi . Regular public transport is also available
- 3) **The Sebel Parramatta 02 9630 4999**  
(4.5 star) 350 Church St, Parramatta CBD 2150

## GP Contribution

Attending GPs and their practices are invited to provide feedback on practical issues that they would like the speakers to address in their presentations.

Please Email them before 16 Jan 2010 to:  
[info@frontierhealthevents.com.au](mailto:info@frontierhealthevents.com.au)

Frontier Health Events would evaluate and send your contributions to the speakers.  
Please note that due to the time limitation, speakers may not be able to address all of your concerns or questions but we are confident that the speakers would address as many importance issues as possible.

## Speaker Contribution

forum where speakers have a lot of flexibility to provide updates and practical management advice to optimise patient care. GPs become involved in creating the content and speakers include in their presentation practical issues raised by GPs. A forum where topics and contents are **NOT** aligned to any particular product or company but to optimising patient care.

## Sponsorship Policy

To date Frontier Health Events symposiums had NO sponsorship. In order to meet increasing demand for our seminars and to maintain registration fees reasonable Frontier Health Events is reviewing its sponsorship policy with a view to possibility accepting sponsorship in specified circumstances.

In the event that Frontier Health Events raises sponsorship to subsidise cost, such sponsorship would be fully disclosed in seminar materials. It would NOT ONLY comply with RACGP sponsorship guidelines but Frontier Health Events ethical and moral values.  
Sponsorship would be marketed for an independent GP education targeted to optimising patient care. Frontier Health Events believes in a transparent sponsorship policy. Its delegates would be entitled to know sponsorship details.

F. H. Events provides a forum where GPs and their practices NOT only have a strong influence on the symposium topics but also on the content of the seminar.  
This is a partnerships based on a foundation of trust, ethics, morality and optimisation of patient care.

## 2008/ 2009 GP feedback

*Doctors comments: "thoroughly enjoyed the conference", "was very informative and useful", "... look forward to the next one", "Great conference and speakers ...  
I told the practice I will go to Frontier Health event conference", "thank you for an excellent day of excellent speakers with information", Emails and comments "many thanks Annie for a wonderful conference", "Speakers were great as well as the venue", "All sessions were most enlightening" It is great to come out of a Symposium that makes you think", "I gained a lot of information to apply to my practice", "More topics please..." "Learning experience will have an impact on my practice" .....  
Letters and comments "keep up with the good work",  
And More.....*

*Both the speakers and the content of our conferences and seminars rated very highly.*

*With our GP educational programs we aim to bring GPs and high calibre clinicians together to create a very high quality independent learning forum based on a strong bond of trust and transparency. A*

## 2010 South African Safari Adventure & Conference

**2010 Conference : HIV Medicine, Mental Health and TB Update 20 August to 3 Sept 2010,**  
*Relax and enjoy pristine wildness, great adventure and a high quality Symposium*

*Includes: Symposiums,(4 Hours in the Game Park) Visit to The Botswana-Baylor Children's Clinical Center of Excellence and seminar (4 hours), Cape Town 3 hours Seminar on Metabolic Syndrome and Mental Health aspect of HIV  
Safari Tours, Victoria Falls, Walking with Lions, Riding Elephants, Garden Route, Visit to Winery and more ..... Main Conference and Safari Tours at Tau Lodge in the Madikwe Game Park, second largest South African National Park with Ten thousand animals of 27 major species . ... Register your Interest Now .....Conference Facility is Limited to 30 delegates ... (Flyer check Website)*

**Email: [info@frontierhealthevents.com.au](mailto:info@frontierhealthevents.com.au) 02 4627 4602**

# Geriatrics Medicine, Mental Health & Palliative Care Update

Sat 27, Feb 2010

Simply an independent focus on What's New and How to optimise patient care!

Program : Comprehensive Notes Provided	Speakers
<p><b>Alzheimer's Disease &amp; Dementia Management in GP</b> 8.15—9.15am</p> <p>Assessment and Management of Alzheimer's Disease and Dementia in GP</p> <p>Updates/ Practical Management Tips/ Medications and advice for carers and family</p>	<p><b>A/ Professor Susan Kurrle</b> holds the Curran Chair in Health Care of Older People in the Faculty of Medicine at the University of Sydney and Hornsby Ku-ring-gai Hospital in northern Sydney where she is a geriatrician working in both hospital and community settings. She has had a long interest and involvement in diagnosis and management of dementia and runs a memory and dementia clinic at Hornsby Ku-ring-gai Hospital. She is involved in several clinical dementia drug trials. <b>(Waiting Confirmation)</b></p>
<p><b>Urinary Incontinence in Elderly</b> 9.15—10.15am</p> <p>GP Update and practical advice on incontinence management in elderly</p>	<p><b>Dr. Andrew Brooks</b> MBBS FRACS, Urologist Western Urology Westmead Private Hospital, Head of the Urology Department for the Sydney West Area Health Service.</p>
<p><b>Common Dermatological Problems &amp; Aging</b> 10.45–11.45am</p> <p>GP update and practical advice on diagnosis and Mgmt of common dermatological problems associated with aging</p>	<p><b>A/ Professor Stephen Lee</b> AM Clinical A/ Professor Dermatology, Central Clinical School, Sydney Uni. Head of the Department of Dermatology at Concord Repatriation General Hospital, His special interest &amp; expertise include: melanoma &amp; non-melanoma skin cancer, skin problems in diabetes</p>
<p><b>Geriatric Medicine and Pharmacology</b> 11.45– 12.45pm</p> <p>Effects of ageing on the liver and drug metabolism</p> <p>General Practice updates and pharmacology management tips to optimise patient care</p>	<p><b>Professor David Le Couteur</b> FRACP, PhD, Grad Cert Ed Prof. Of Geriatric Medicine at the University of Sydney, Senior Staff Specialist in Geriatric Medicine in the Central Sydney Area Health Service and Director of the Centre for Education and Research on Ageing. Special interests include the biology of ageing, ageing liver, geriatric pharmacology, falls and Parkinson's disease. He is a member of the Australian Drug Evaluation Committee and Chair of its Pharmaceutical Subcommittee and Director of the Ageing and Alzheimers Research Foundation <b>(Waiting Confirmation)</b></p>
<p><b>Managing Depression in Elderly</b> 1.30 — 2.30pm</p> <p>GP Update &amp; Practical advice on diagnosis and mgmt of Depression in elderly</p> <p>- including dealing with social isolation and advice for carers</p>	<p><b>A/ Professor Vladan Starcevic</b> MD, PhD, FRANZCP is A/Professor at Sydney Medical School, Consultant Psychiatrist and Head of the Academic Department of Psychological Medicine at Nepean Hospital. He is also a Visiting Professor at the University of Belgrade and University of Novi Sad. <b>(Waiting Confirmation)</b></p>
<p><b>Osteoporosis and Fracture Management in elderly</b> 2.30– 3.20pm</p> <p>GP Update and practical management strategies for Osteoporosis and Fracture Management in elderly</p>	<p><b>A/ Professor Gustavo Duque</b> 2007 joined Nepean Clinical School of the University of Sydney as Associate Professor of Geriatric Medicine and Director of the Aging Bone Research Program. His research focuses on the identification of the mechanisms involved in the pathophysiology of osteoporosis in older persons as well as the prevention of osteoporotic fractures in this population.</p>
<p><b>Evidence Based Complementary Medicine Healthy Aging, Longevity and Anti-aging</b> 3.45—4.45pm</p> <p>GP update and advice on practical stepwise approach to healthy aging longevity, vitality and anti-aging using CM.</p>	<p><b>Professor Nikolaus Sucher</b> — Professor of Herbal Pharmacology with CompleMED, worked for many years at the Harvard Medical School. He has conducted research for over 20 years, his scientific work includes contributions to psychiatry, neurophysiology, molecular biology and biochemistry, bioengineering, and pharmacology. His current research program is aimed at the characterization of molecular neuroprotective and anti-aging effects of herbal medicines <b>(Waiting Confirmation)</b></p>
<p><b>Caring for Patients with Palliative care Needs</b> 4.45 – 5.45pm</p> <ul style="list-style-type: none"> <li>Ethical Medical Decision Making in General Practice</li> <li>End of Life Care</li> </ul>	<p><b>Associate Professor Richard Chye</b> Director of Sacred Heart, Palliative Care St Vincent's Hospital and Director of South Eastern Sydney and Illawarra Area Health Service Palliative Care. Conjoint Associate Professor, Faculty of Medicine, University of NSW. Sacred Heart Palliative Care provides an integrated interdisciplinary palliative care service to patients with life-limiting illness.</p>

Register Online & Save 1.95% on Credit card Surcharge [www.frontierhealthevents.com.au](http://www.frontierhealthevents.com.au)

**ALM Distance Module: Bipolar Disorder**

Upgrade for MHST applied for: RACGP 40 Category 1 Points, Mental Health Skills Training and ACRRM points

Bipolar Disorder Assessment, management including carer and patient Perspective. One hour Audio presentation by Dr. Iain Macmillan, clinical director black dog institute, KOL on moods Disorder.

Predisposing activity, Structured learning and reinforcing activity and the case study will be sent out to you.

ALM (Active Learning Module) Registration

1 x Module = \$160  Conference Delegates \$140

Practice Group Discount: \$140

Number of Doctors \_\_\_\_\_ x \$140 = \_\_\_\_\_ (By Mail or Fax)

Total \$ \_\_\_\_\_

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There will be no credit card Surcharge.

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*We need your help to continue to bring highest quality GP Education that has a strong ethical foundation and patient care focus.*

**REGISTRATRIION**

Early Bird end 30 Dec 2009	<b>\$245</b> <input type="checkbox"/>	Late Registration After 25 January 2010	<b>\$265</b> <input type="checkbox"/>
Standard end 25 January 2010	<b>\$255</b> <input type="checkbox"/>	Printed Notes (\$10 each)	<b>\$10</b> <input type="checkbox"/>

CATERING:  Vegetarian  Non Vegetarian  Special Requirement Specify

Surname: \_\_\_\_\_ 1st /Name \_\_\_\_\_

Title: \_\_\_\_\_ PH Work \_\_\_\_\_ Mobile \_\_\_\_\_ Home/PH \_\_\_\_\_

Email: \_\_\_\_\_ Address: \_\_\_\_\_  
state \_\_\_\_\_ P Code \_\_\_\_\_

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2009 Audio CD Pack**

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Approx 1 hour Sessions)  
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Internal Medicine, Men's and  
Mental Health update

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\$175**

<p><b>Prostate &amp; Testicular Cancer 2009</b> <b>Dr Andrew Brooks</b> - MBBS FRACS, Urologist Western Urology Westmead Private Hospital, Head of the Urology Department for the Sydney West Area Health Service</p>	<p><b>Melanoma 2009</b> <b>Dr. Michael Hughes</b> FRACS, Dr. of surgical Oncology, Westmead Hospital, Dr Michael Hughes established the Surgical Oncology Service at Westmead Hospital. He is the Deputy Chairman of the NSW Melanoma Network</p>
<p><b>Liver Disease 2009</b> <b>Professor Jacob George</b> Professor of Gastroenterology and Hepatic Medicine and Head of Gastroenterology and Hepatology at Westmead Hospital</p>	<p><b>Sexual Dysfunction 2009</b> <b>Dr. Michael Gillman</b> Medical director, Health Institute for Men. He had been working in the area of men's Health since 1993. He is now recognised as one of the Australia's leading expert in the field</p>
<p><b>Sleep Apnoea 2009</b> <b>A/Professor Peter Middleton</b> - Medicine, Western Clinical School, Westmead Millennium Institute for Medical Research</p>	<p><b>Bipolar Disorders 2009</b> <b>Dr. Iain Macmillan</b> BA MA, MRC Psych, T Psych is the clinical director for The Black Dog Institute and a leading expert in mood disorders.</p>
<p><b>Chronic Pain 2009</b> <b>Professor Michael Yelland</b> - Associate Professor of Primary Health Care at Griffith University since 2005. His teaching and research interests focus on evidence-based diag-</p>	

**Practice Group Discount = \$150**  (Number of Doctors x \$150 = \$ \_\_\_\_\_)