



A wonderful opportunity to relax and enjoy pristine wildness, great adventure and a high quality learning experience with world class South African and International Speakers.

Although this Program is designed for General Practitioners and Specialists it will be a very useful learning experience for all health professionals working in the field of HIV , TB , Metabolic Syndrome, Mental Health , Paediatrics, Women's and Infant's Health

2010 South African Adventure & Conference

Conference : HIV Medicine, TB, Metabolic Syndrome and Mental Health Update 20 August to 3 Sept 2010

Hospital visit to -The Botswana-Baylor Children's Clinical Center of Excellence. This new facility, the first of its kind on the African continent, currently provides state-of-the-art care and treatment to approximately 1000 HIV-infected infants and children and 200 families.

Approved for:

RACGP 20 Category 2 Points

ACRRM: 10 , PDP Core Points

Conference Registration — Limited to 30 delegates

This is due to Baylor lecture room capacity of 30. Conference Registration will be confirmed once the deposit and the registration fee is paid.

Tour Itinerary

20 August to 3rd of Sept 2010 (2 week tour and conference)
Depart Sydney on 20/08/2010

Partner programs and kids programs will be available



Day 1 Arrive and sleep over in Johannesburg at Metcourt Laurel Hotel at the Airport
Day 2: Drive to Madikwe Game Park, stay 3 days at tau lodge for conference, safari night drives, bush walks, all inclusive– breakfast, Lunch and dinner for 3 days
Ten thousand animals of 27 major species, including wild dog, cheetah, lion, white and black rhino, buffalo and elephant, have been re-introduced to the Madikwe Game Reserve over a six year period with animals coming from various reserves and breeding centers and game viewing is now at its prime. This park is Malaria free and kid friendly with kids club and activities.
Day 5: Early morning game drive and breakfast then depart Madikwe for JBH airport and fly to Port Elizabeth overnight Beach Hotel including Breakfast.
Day 6&7: Garden Route Drive —visit Tsitsikamma National Park and the Garden of Eden, stop at Knysna (which offers out door lifestyle with cosmopolitan flavor, nestled between the majestic Outeniqua Mountains & warm Indian Ocean.) Go on Featherbed excursion (4hours)— National park and Heritage site (pristine piece of paradise accessible only by ferry) ending with buffet Lunch. And finish with afternoon leisure time in Knysna. Staying at Knysna Log Inn includes Breakfast
Day 8: Drive to Oudtshorn (ostrich capital of the world) visit Ostrich farms, drive to Klein Karoo and Cango Caves (the breathtaking underground wonder) overnight at Queens Hotel includes breakfast.
Day 9& 10: Take a Luxury coach to Cape Town and spend 3 days in and around cape town. Stay at Commodore Hotel, Cape Town Waterfront includes breakfast. Scenic Tour, Cape Peninsula, Cape point, Penguin colony, Boulders Beach, Kirstenbosch Gardens.
Day 11— full day tour of Winelands Stellenbosch and Paarl Regions (visit one of the most famous sites in the Cape Winelands, the Spier estate — in the beautiful setting of an historic 1000-hectare wine estate - producing award-winning wines
Day 12 Fly to Livingstone — Victoria Falls on Zambian Side, spend 3 days in Livingstone, Stay at Zambezi Sun Hotel including Breakfast, do 1/2 day Victoria Falls tour and visit local village, 1/2 day tour - river cruise - sundowners on the Zambezi river. walk with lions or elephant back safari (with option to do both – check additional cost with Sabra travel)
Day 15: 03/09 /2010 depart for JBH and take the connecting night flight back to Sydney.

Optional Extra (Fully guided tour — to Sausage Tree Camp in the lower Zambezi National Park. . Sabra Travel will organize this for you. Everything will be taken care off (Note: Frontier Health Events and Sabra Travel professionals will not accompany you to this part of the tour. They will return on the 03 /09 / 2010)

From Livingstone.. take light plane to Jeki and road/boat transfer to sausage tree camp for minimum of 2 night stay - <amazing game, canoe down the Zambezi river with hundreds of Hippo >walk in the bush, safari tours, tiger fishing etc...





Educational Program

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Conference Venues:

- 1) Tau Lodge at the Madikwe Game Park, second largest South African National Park with Ten thousand animals of 27 major species.
- 2) Baylor Children's Clinical Center of Excellence — Visit and lectures.
- 3) Cape Town Commodore Hotel Waterfront - Metabolic Syndrome and Mental Health aspect of HIV

Topics and Speakers

RACGP 20 Category 2 Points Activity: _____ ACRRM _____

22/08/2010 (1.5 Hours)

Updates and overviews on interaction and synergy Between:

- HIV and TB
- HIV and TB Drug Therapy
- Low CD4 counts and TB
- Discussion

22/08/2010 (1.5 hours)

- Updates and overviews on Cancer of the Cervix and HIV
- Discussion

23/08/2010 (4 hours)

VISIT TO BAYLOR CENTRE OF EXCELLENCE

Programs will include:

- Visit and presentations from some of the worlds leading clinicians.

Baylor Seminar Topic

- Paediatric HIV Update and Overview
- Prevention of mother to child transmission of HIV
- Paediatrics TB update
- Haematology and Oncology in Paediatric HIV

Cape Town

Conference on.

HIV and Metabolic Syndrome (1.5 Hours)

Update on Metabolic consequences of HIV and its treatment such as insulin resistance, diabetes and dyslipidaemia in HIV

HIV and Mental Health (1.5 Hours)

An update on Mental Health aspect of HIV

DR DIANA DICKINSON

Born in Zimbabwe but lived many years in Gaborones, Botswana. she now works as an HIV specialist in a private clinic in Gaborones treating aids patients and is an authoress of many papers including depression and stigmata associated with HIV circumcision with HIV resistance with HIV and adherence to anti retroviral treatment.

DR DOREEN RAMOGOLA-MASIRE: University of Pennsylvania

The Penn organisation started in Botswana in 2001 helping train medical professionals in the use of antiretroviral treatment, 50 employees from Penn work permanently in Botswana running programmes including TB and HIV treatment programmes and DR. Doreen Masire runs women's health programmes specialising in loop excisions for pre cancerous lesions,

VISIT TO BAYLOR CENTRE OF EXCELLENCE (BCE)

Located in Gabarone, Botswana is a partnership between Baylor International Paediatric aids initiative at the Baylor College of Medicine The Princess Marina hospital in Gaborones and the Botswana Government, opened in June 2003 to provide state of the art care to HIV positive children and infants. A grant from Bristol-Myer-Squibb started the programme to develop curricula for paediatric health especially HIV for professionals including exchange fellowships and long term training for African health professionals at the Baylor College of Medicine (BCM) *[BCM - Houston Texas USA is a leading centre Biomedical research, Clinical care and a top ranking Medical School.]*

DR MICHAEL A TOLLE MD,MPH is associate director and assistant Professor of Paediatrics qualified at the University of Texas-South Western Medical School and obtained his masters degree in public health at John Hopkins University. He is also qualified in travel medicine and worked in Central and South America before taking up a post for 1 year in Lesotho with Pac< Paediatric Aids Corp> Treating large numbers of very sick kids. He has a major interest in the prevention of mother to child transmission of HIV

(These sessions may be shared by other BCE Specialists)

Dr. P. Budnik MB BCh (with distinction) from University of Witwatersrand, and a FCP (SA), Specialist physician dedicated to both out patient and in hospital HIV management including intensive care. Runs HIV clinic at Christian Barnard Memorial Hospital with a counsellor, dietician other specialists.

Speaker to be Advised



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This Seminar is NOT sponsored by Pharmaceutical Companies

Financial Donations

We are seeking financial donations to present to Baylor Centre of Excellence at the end of our visit.

All donations would be welcomed including donations from health organisations, pharmaceutical companies and individuals.

All donations will be **disclosed** and presented on behalf of all the delegates.

Botswana-Baylor Children's Clinical Center of Excellence

The Botswana-Baylor Children's Clinical Center of Excellence was opened and officially dedicated by His Excellency Mr. Festus Mogae, President of the Republic of Botswana, on June 20, 2003. This new facility, the first of its kind on the African continent, currently provides state-of-the-art care and treatment to approximately 1000 HIV-infected infants and children and 200 families from Gaborone and surrounding areas. [Press release](#). The Botswana-Baylor Children's Clinical Center of Excellence was made possible by a landmark \$6 million grant from the Bristol-Myers Squibb Foundation's Secure the Future program. The center is supported by additional funding to Baylor from the Fogarty International Center of the U.S. National Institutes of Health and the U.S. Centers for Disease Control and Prevention Global AIDS Program. Please see a [written copy of Dr. Kline's remarks](#), made at the opening ceremony on June 20, 2003.

Staffed collaboratively by U.S. and Botswana health professionals, the Botswana-Baylor Children's Clinical Center of Excellence provides services comprehensive in scope, encompassing the primary and specialty medical care and social service needs of HIV-infected infants, children, and families. Most HIV-infected children are under the age of five years and are treatment-naïve. Health professional education and clinical research are integral to the center's mission. Collaborative education and training activities include development of curricula on pediatric health and HIV/AIDS for health professionals, short-term U.S.-Africa exchange fellowships, and long-term training for African health professionals at Baylor College of Medicine.

The Botswana-Baylor Children's Clinical Center of Excellence is the product of a partnership between the Baylor International Pediatric AIDS Initiative at Baylor College of Medicine, the Princess Marina Hospital in Gaborone, and the government of Botswana. Dr. Gabriel Anabwani, professor of clinical pediatrics at Baylor College of Medicine, directs the Botswana-Baylor Children's Clinical Center of Excellence. Dr. Anabwani is the former chair of pediatrics at the Princess Marina Hospital, which is Botswana's largest and most important hospital. He has extensive leadership experience in pediatric HIV/AIDS care and treatment and clinical research in Africa.



Interior view of the Center of Excellence



The Botswana-Baylor Children's Clinical Center of Excellence

remarkable leadership in promoting the prevention and treatment of HIV/AIDS, and Baylor has established excellent collaborative relationships with the Princess Marina Hospital in Gaborone, the Botswana Ministry of Health, and other local partners.

Botswana is particularly well suited for the establishment of a Children's Clinical Center of Excellence for a number of reasons. Botswana's HIV prevalence rate is among the highest in the world. However, His Excellency President Mogae and the government of Botswana have shown

Donations to the Baylor Center of Excellence Children's Clinic (BCE)

If you would like to send your donations to BCE please contact us:

Email: info@frontierhealthevents.com.au or Annie Shaw 0425 246 874

Contact: Barbara Gross: Barbara@sabratravel.com.au PH: 02 93899933



Madikwe Game Park and Tau Lodge
 (5 Star accommodation and Malaria Free with Kids club and activities)

You will experience an authentic South African safari vacation in the midst of natural wildlife, complete with great game viewing and luxury private facilities, South Africa luxury safari lodge has 27 major species of game roam in the nature reserve, making Tau Game Lodge the ideal place for a safari holiday, It offers Big 5 game safaris and bird-watching safaris.

Registration Fees: (This conference is NOT sponsored)

- Conference Registration = \$395 (includes some of the speaker fee)
- Partner Registration = \$95
- Children Registration = Free Numbers _____

Optional Donation to the Children's HIV Clinic \$_____ (your choice)

Please Make the Registration Payments to Sabra Travel together with your getaway package.

Tour Packages are based on Twin Share (t/s)

The complete tour (all destinations and accommodations) is very secure and of a very high quality — This will be a getaway and conference to remember !

- **Full 14 Day Package** starts from \$4350 per person ie: \$311 per day per person (t/s)
- **Shorter 12 Day Package** (without Livingstone, Zambia, Victoria Falls) starts from \$3588 per person \$299 per person per day (t/s)
- **Optional extra tour to Sausage Tree Camp** - Contact Barbara at Sabra Travel

The above packages does not include Air Fares: Contact Barbara at Sabra Travel for airfare 02 9389 9933

Note

- 1) All prices are subject to currency fluctuations
- 2) Single Supplements — Contact Barbara at Sabra Travel

Organisers: Frontier Health Events & Sabra Travel

— A wonderful opportunity for health professionals to relax and enjoy
 pristine wildness, great adventure and a high quality learning from world class speaker

For all travel enquiries contact: Sabra Travel: Barbara Gross: Email: Barbara@sabratravel.com.au PH: 02 9389 9933

Conference Contact: Annie Shaw email: info@frontierhealthevents.com.au Mobile: 0425 246 874

Dr. Colin Gross: Mobile: 0410 683 269

RACGP 20 Category 2 Points Activity Number: _____ ACRRM Number: _____

Email or fax your enquiries to **Frontier Health Events:**

FAX: 02 46274602 Email: info@frontierhealthevents.com.au

Name: _____ Sir Name: _____

Day Time Phone: _____ Mobile: _____ Fax: _____

Email: _____

Address: _____ Suburb _____ Post Code _____

RACGP Number _____ ACRRM Number: _____

Surname according to RACGP Membership _____



Frontier Health Events

Website: www.frontierhealthevents.com.au Email: info@frontierhealthevents.com.au

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Organisers of high quality Independent Health educational
 symposiums Education focused on updates and optimizing patient care