

Venue : **Monash University, Science Lecture Theatre (S2) , Building 25**

Address: Monash University, Clayton Campus, Cnr. of Wellington Road and Princess Highway, Clayton ,Vic 3800

Independent G.P. Education

On Campus Parking - FREE

Internal Medicine, Men's & Mental Health Update

Conference Points Approved: RACGP 16 Category 2 points and ACRRM: 8 , PDP Core Points

Sat 20 Feb 2010 , 8.15am – 5.50 pm

ALM Distance Module: "Bipolar Disorder Management" 40 Category 1 Points , Mental Health Skills Training and ACRRM accreditation applied for .

Simply an independent focus on **What's New and How to optimise patient care!**

Frontier Health Events

In late 2007 we launched Independent GP education

We provide independent updates and practical management tips designed to optimise patient care.

Updates are **NOT** aligned with any sponsor products but

"What is best for which patient in GP"



Registration Enquiries

Frontier Health Events

Phone: 02 4627 1621

1300 7300 51

Fax: 02 4627 4602

P. Address: P.O. Box: 284, Macarthur Square NSW 2560

Organisers:

Frontier Health Events

Dr. Colin Gross & Annie Shaw
0425 246 874

The content is based on GP survey, GP Recommendations, Current Issues, feedback and discussions with past delegates And Discussions with clinicians

Our Commitments and Mission

- Frontier Health Events (F.H. Events) is dedicated to developing long term partnerships and relationships based on a strong foundation of trust, ethics, morality and optimisation of patient care.
 - F. H. Events strives for partnership with General Practice where GPs and their practices have a strong influence on the content of the program.
 - To maintain the highest level of independence and practical relevance to the needs of General Practice.
 - F.H. Events invites medical practices, past and participating delegates, associate GP organisations and partners to review final program topics and provide feedback on practical issues that they would like the speakers to address in their presentations.
- This data is both used for updates and to provide speakers with general presentation guidelines

EMAIL Your Contribution to:

Info@frontierhealthevents.com.au

- F.H. Events plays a GP Supportive role by personalising programs to practical GP needs. Our invitation for GP participation allows General Practice to have a say and take a greater control of the Educational Content and how it is delivered.

Website: www.frontierhealthevents.com.au Email: info@frontierhealthevents.com.au

Simply an independent focus on What's New and How to optimise patient care!

Ms. Annie Shaw: Director, Frontier Health Events is highly experienced in every aspect of Health Educational Conference Organisation, Design, Management and Research. She has worked with leading organisations, Key opinion leaders and high Calibre Speakers nationally and internationally

Annie Shaw (BA BCom) has a back ground in economics, management, marketing, research, teaching and health education.

Dr. Colin Gross: has 34 years experience in General Practice
He is a prominent member of Eastern GP Division, director of Sabra Travel (American express travelscenes - Official travel agent for AMA).
Dr Gross has worked with high calibre national and international speakers.

Ms. Wendy Williamson – Project Consultant with major interest in Mental Health. Wendy Williamson has extensive experience in the development, implementation and review of training and programs for range of government and non government organisation. She has worked with health professionals from a wide range of clinical backgrounds.

Accommodation

- 1) Clayton Monash Motor Inn & Serviced Apartments:
(3.5 Star) (500m distance) from Monash University.
03 9544 0911
- 2) Gateway on Monash: (Serviced Apartments, Executive & Studio Suites) (1 KM distance) 630 Blackburn Road, Notting Hill 3168 Phone: 03 95614455
- 3) Novotel Glen Waverley: (6 KM Distance)
285 – 287 Springvale Road Glen Waverley 3150,
Phone: 03 8561 2345

GP Contribution

Attending GPs and their practices are invited to provide feedback on practical issues that they would like the speakers to address in their presentations. This is a partnership to meet the needs of GP.

Please Email them before 16 Jan 2010 to:
info@frontierhealthevents.com.au

Frontier Health Events would evaluate and send your contributions to the speakers. Please note that due to the time limitation, speakers may not be able to address all of your concerns or questions but we are confident that the speakers would address as many importance issues as possible.

To date Frontier Health Events symposiums had NO sponsorship. In order to meet increasing demand for our seminars and to maintain registration fees reasonable Frontier Health Events is reviewing its sponsorship policy with a view to possibility accepting sponsorship in specified circumstances.

In the event that Frontier Health Events raises sponsorship to subsidise cost, such sponsorship would be fully disclosed in seminar materials. It would NOT ONLY comply with RACGP sponsorship guidelines but Frontier Health Events ethical and moral values. Sponsorship would be marketed for an independent GP education targeted to optimising patient care. Frontier Health Events believes in a transparent sponsorship policy. Its delegates would be entitled to know sponsorship details.

F. H. Events provides a forum where GPs and their practices NOT only have a strong influence on the symposium topics but also on the content of the seminar. This is a partnerships based on a foundation of trust, ethics, morality and optimisation of patient care.

2008/ 2009 GP feedback

*Doctors comments: "thoroughly enjoyed the conference", "was very informative and useful", "... look forward to the next one", "Great conference and speakers ...
I told the practice I will go to Frontier Health event conference", "thank you for an excellent day of excellent speakers with information", Emails and comments "many thanks Annie for a wonderful conference", "Speakers were great as well as the venue", "All sessions were most enlightening" It is great to come out of a Symposium that makes you think", "I gained a lot of information to apply to my practice", "More topics please..." "Learning experience will have an impact on my practice"
Letters and comments "keep up with the good work", And More.....*

Both the speakers and the content of our conferences and seminars rated very highly.

2010 South African Safari Adventure & Conference

2010 Conference : HIV Medicine, Mental Health and TB Update 20 August to 3 Sept 2010,

Relax and enjoy pristine wildness, great adventure and a high quality Symposium

Includes: Symposiums, (4 Hours in the Game Park) Visit to The Botswana-Baylor Children's Clinical Center of Excellence and seminar (4 hours), Cape Town 3 hours Seminar on Metabolic Syndrome and Mental Health aspect of HIV

Safari Tours, Victoria Falls, Walking with Lions, Riding Elephants, Garden Route, Visit to Winery and more Main Conference and Safari Tours at Tau Lodge in the Madikwe Game Park, second largest South African National Park with Ten thousand animals of 27 major species Register your Interest Now Conference Facility is Limited to 30 delegates.

Internal Medicine, Men's Health & Mental Health Update,

Sat 20, Feb 2010

Program : Comprehensive Notes Provided	Speakers
<p>Sleep Apnoea 8.15 — 9.15 am An update on assessment and management of sleep apnoea — A practical approach for GP</p>	<p>Dr Alan Young MBBS PhD FRACP Respiratory and Sleep Physician, Department of Allergy Immunology & Respiratory Medicine The Alfred Hospital, Monash University</p>
<p>Prostate and Testicular Cancer 9.15 —10.15 am Prostate and Testicular cancer update for GP A practical stepwise approach for Risk Assessment, Screening & Management including tips to avoid misdiagnosis</p>	<p>Mr Jeremy Grummet uro-oncologist FRACS is a consultant urologist at the Alfred Hospital, where he is also Adjunct Lecturer in the Department of Surgery of Monash University. He helped to establish the robotic prostatectomy program at Vancouver General Hospital . Jeremy has presented widely on surgery for high risk prostate cancer, and has a keen interest in active surveillance for low risk prostate cancer. He also treats a wide range of general urological problems, including stones and benign prostate disease.</p>
<p>Sports Medicine 10.45 — 11.45 am Common sports injury management and prevention Updates and practical management tips for GP When to refer to the specialist? - A practical guide for GP</p>	<p>Dr Peter Larkins MBBS,B.MED.SC.(Hons),FASMF,FACSP,FSMA FFSEM(UK): Physician with SP interest in sports and other musculoskeletal injuries as well as the effects of exercise and lifestyle on health, He is a former international athlete - Olympic, Commonwealth games, World Cup competitions and more, a Fellow of- The Australasian College of Sports Physicians, Was the Past National President of Sports Medicine Australia and received the President's Award</p>
<p>Melanoma 11.45 — 12.45 pm GP update on diagnosis and management of Melanoma Tips to avoid misdiagnosis</p>	<p>Dr Anne Howard is the Head of Dermatology, in Western Hospital, Footscray and a past president of the Australasian College of Dermatologists. She is also a visiting consultant to the Royal Melbourne Hospital and Royal Children's Hospital plus also has her own private practice. Her special interests include skin cancer, paediatric dermatology and skin disease related to internal medicine. (Waiting Confirmation)</p>
<p>Sexual Dysfunction 1.30 — 2.30pm Update on impotence and sexual dysfunction in men - Practical management tips for GP</p>	<p>Professor Robert McLachlan MBBS, FRACP, PhD is a Principal Research Fellow at Prince Henry's Institute and is Deputy Director of Endocrinology at the Monash Medical Centre. He specialises in the area of male reproductive medicine and has made significant contributions to the research in endocrinology, infertility and andrology. He combines his academic career with active clinical practice as a consultant in these fields. (Waiting Confirmation)</p>
<p>Mental Health –Bipolar Disorders 2.30 pm — 3.30 pm GP Update and management of bipolar disorders — examination, assessment, mgmt and ongoing monitoring</p>	<p>Professor Nicholas Keks Professor of Psychiatry at Monash University and consultant psychiatry at Delmont Private Hospital</p>
<p>Liver Disease 3.50 — 4.50pm GP update on Fatty Liver and Hepatitis C Practical tips for diagnosis and management</p>	<p>Dr. William Kemp consultant Gastroenterologist Gastroenterology department at the Alfred Hospital (Waiting Confirmation)</p>
<p>Chronic Pain Management 4.50.— 5.50pm GP update on chronic back pain management Chronic Pain that does not respond to treatment Which Treatment for which patients? Practical tips for general practice</p>	<p>Dr Robert Gassin MBBS B(Med)Sc FAFMM GDMM GD Pain Med Musculoskeletal Physician Fellow of the Australasian Faculty of Musculoskeletal Medicine. He has expertise in spinal manipulation, the use of pain medications and interventional approaches to pain management. Until recently he consulted for the Victorian Work Cover Authority (VWA)</p>

Register Online & Save 1.95% on Credit card Surcharge
 www.frontierhealthevents.com.au

Bring your colleagues to the conference and earn discounts

Available by Fax / Phone or Mail

Earn \$10.00 off x Number of Colleagues you register.

Attached (No. of registration) My Total Discount is \$ _____

We need your help to continue to bring highest quality GP Education that has a strong ethical foundation and patient care focus.

Registration:

Early Bird 24 Dec 2009	\$245	<input type="checkbox"/>
Standard 25 January 2010	\$255	<input type="checkbox"/>
Late Registration After 25 January 2010	\$265	<input type="checkbox"/>
Printed Notes (\$10 each)	\$10	<input type="checkbox"/>

CATERING: Vegetarian Non Vegetarian

Special Requirement Specify _____

Surname: _____ 1st /Name _____

Title: _____ PH Work _____ Mobile _____ Home/PH _____

Email: _____ Address: _____

_____ state _____ P Code _____

Card Details: Visa _____ MasterCard _____

Expiry ____/____ Card Name _____ Signature _____

Distance Active learning module (ALM)

Bipolar Disorder Assessment, management including carer and patient perspective

Note: Our current module is approved for RACGP 40 Category 1 Points and Mental Health CPD.

We have applied for upgrade to MHST which will give you additional \$30 for writing Mental Health treatment Plan.

We have applied accreditation for: 40 Category 1 points, Mental Health skills training Points (MHST) and ACRRM Points

How This Activity will be conducted:

Predisposing Activity, Structured Learning and Reinforcing activity will be sent to you.

It will include: One hour Audio presentation by Dr. Iain Macmillan, clinical director black dog institute, KOL on moods Disorder. Case studies and reading material.

The conference session on Bipolar Disorder by Professor Nicholas Keks will also contribute towards the ALM.

GPs will listen to the audio, interact with each other and complete the module.

- Option 1:** GPs registered for this module will be divided into groups and given contact details. They will work together face to face, via phone, emails or teleconferencing using skype to complete the module.
- Option 2:** GPs could organize their own group and get a group discount
- Option 3:** Practice GPs could work together as a small group and complete the module.

Registration for Active Learning Module

1 x Module = \$160 Group Discount: _____ No. of Doctors x \$140 = \$ _____

For Group Discount please send all the registrations together.